

A REALity Parent

Does Not Correct, They Connect
&

Understands that Behaviour is Communication

S **A REALITY PARENT**
E n c o u r a g e s

Listens, Accepts, Trusts

Respects &
Negotiates Differences

Teaches Self Regulation

S **KNOWS** The only person whose behaviour
we can control is our own

'We almost always have choices, and the
better the choice, the more we will be in
control of our lives.' ~ W.Glasser