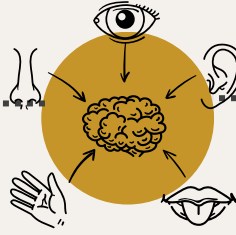


# Who Am I?



It all begins with receiving **INFORMATION**



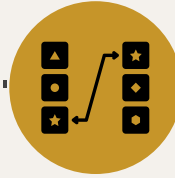
Information is received through my **PERCEPTION OF REALITY**



but then I evaluate how it aligns with my **IDEAL REALITY**



When I behave I choose the **BEHAVIOUR** which I believe will be the most effective, at the time, for getting me what I want.



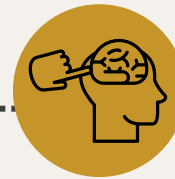
If it doesn't match, I will feel out of balance. This will lead to an urge to **BEHAVE**



**My REALITY CHECK SCALES** always compare what I *HAVE* (Perceived Reality) with what I *WANT* (Ideal Reality)



I am wired to always meet my **5 BASIC NEEDS**



A **TRIGGER** is sent



My **CHOICE** will determine the quality of my experience

What I **DO** is the key to changing how I **FEEL** and to getting **WHAT I WANT**

